

# SESSION 1: *The Search For Love*

<b>Session Length</b>	50 minutes (If using extension exercises this could be 2 x up to 50 minutes)
<b>Introduction</b>	This RE lesson begins the Year 9 module by exploring the search for love that is part of human nature, but is not ultimately satisfied by another human being, however wonderful this may be. Pupils will learn that human love is a sign of the “greater love” of God. This leads to an exploration of the Church teaching of sex as a gift from God, and that sexual intercourse is the most intimate expression of human love that should be delayed until marriage.
<b>Learning Objectives</b>	Pupils will consider their desire to love and be loved, and learn about God’s plan for romantic love, sexual attraction and intimacy.
<b>Success Criteria</b>	Pupils will engage with the films and take an active part in classroom discussions and personal activities, all the time demonstrating respect for the views of others.
<b>Values and virtues to be developed</b>	<ol style="list-style-type: none"><li>1. Respectful of themselves and others as persons</li><li>2. Appreciative of their bodies, character and gifts</li><li>3. Grateful to others and to God</li></ol>

### 1) Ground Rules (10 mins)

1 min	<p><b>Introduction and Optional Prayer</b></p> <p>Introduce the 'Life to the Full' programme, which comes from a Bible verse where Jesus says, "<b>I have come that they may have life, and have it to the full.</b>" (John 10:10)</p> <p><b>Optional Prayer</b> displayed on <b>Online Presentation: Slide 1:</b> Dear Lord, Open my heart and mind to your voice speaking to me throughout this lesson and throughout this day. Teach me your ways and bring me closer to you. Amen</p> <p><b>Extension Activity:</b> Discuss what it means to have 'life...to the full'.</p>
4 mins	<p><b>Play Film Part 1: Ground Rules</b></p> <p>Presenters Nathan and Mairi discuss the programme intentions and realise the need for ground rules.</p>
5 mins	<p><b>Discussion: Ground Rules</b></p> <p>In groups, have pupils discuss how best to communicate about delicate topics, then collate a list of ground rules that everyone agrees with and promises to respect.</p>
<h3>2) What is sex for? (5 mins)</h3>	
3 mins	<p><b>Film Part 2: What is sex for?</b></p> <p>Mairi poses an icebreaker question and we hear the opinions of pupils around the country.</p>
2 mins	<p><b>Discussion: What is sex for?</b></p> <p>Pupils should discuss and write down their answers to this question, displayed on screen.</p> <p><b>Extension activity:</b> Ask pupils to rate out of ten how confident they feel discussing topics such as sex; God; puberty; self-confidence; friends; family; and their online lives.</p>

### 3) The Search for Love (10 mins)

<b>3 mins</b>	<b>Play Film Part 3: The Search for Love</b>  Our presenters explain that it is in our human nature to love and be loved.
<b>7 mins</b>	<b>Personal Writing: What or who do you love most in the world?</b>  Asking them to also explain why, have pupils write their answers to this question (displayed on screen) independently. Feedback answers, comparing categories e.g. family, friends, pets etc.  <b>Extension Activity:</b> Pupils to think of and plan practical ways to show love to that person/the people around them.

### 4) Romantic Love and Sex (15 mins)

<b>4 mins</b>	<b>Play Film Part 4: Romantic Love and Sex</b>  Nathan and Mairi discuss the purpose of sex: for bonding and babies.
<b>11 mins</b>	<b>Discussion</b>  Use the following questions to facilitate discussions arising from the film. You might like to allocate one per group and have them present back: <ul style="list-style-type: none"><li>• Why do you think romantic comedies are so popular?</li><li>• What is romantic love?</li><li>• Do you agree that marriage is the 'ultimate romance'?</li><li>• What is meant by the 'gift of self'?</li><li>• 'Sex is just a physical act' - agree or disagree?</li><li>• 'You should never ignore feelings of sexual attraction' - discuss.</li></ul> <b>Extension Activity:</b> Groups to film a cinematic trailer for 'Real Love' - the complete opposite of a romantic comedy.

### 5) Life to the Full (10 mins)

<b>4 mins</b>	<b>Play Film Part 5: Sex and God</b>  Our presenters say that romantic love and sexual attraction are signs of a deeper, God-given longing: to love God and love others. They invite pupils to remain open minded, and finish with a prayer about God's love for us.
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<b>5 mins</b>	<b>Personal Writing</b>  Ask pupils to write in response to the film: how does the idea of God loving them make them feel? What do they think about the church's teaching to save sex for marriage? What relationships do they hope to have in the future and how could they help that to happen?
<b>1 min</b>	<b>Evaluation</b>  Ask pupils to share one thing they will remember from this session and one topic they are nervous about/looking forward to covering during the programme.  <b>Extension Activity:</b> On slips of paper, have pupils write down different relationships and sex education topics/concerns/queries that they would like addressed. Keep these anonymous and 'post' them into a box. Review these and build into the programme where appropriate.