

About Programme Pathways

No two schools will roll out the Life to the Full programme in the same way. Every school should make an independent decision about when and how the lessons should be taught.

This is dependent on:

- The age and stage of the children in the classroom;
- What children have or haven't been taught previously;
- What the governing body, in consultation with parents and SLT, choose to teach and when.

At Ten Ten, we have provided you with a comprehensive and fully-resourced Scheme of Work in statutory Relationship Education within a Catholic context. However, it would do the programme and the pupils a disservice to simply take it 'off the shelf' and deliver the programme from A to Z. What works for one class will not work for another and so we encourage you to engage your governors, parents, SLT and classroom staff in a dialogue the best way to deliver the programme.

How Programme Pathways work

Ten Ten have provided a number of Programme Pathways which will help you to structure the lessons within your annual timetable. These Pathways provide broad guidance on various ways the scheme of work can be scheduled. However, they are only a guide through which you can make specific decisions on the best way to introduce the programme. For example:

- If your RSE provision has previously been minimal, you might like to introduce Year 5/6 to the material intended for Year 3/4 first, if you think it is appropriate, so they are well-prepared for the more advanced lessons intended for Upper Key Stage 2.
- Alternatively, you might like to introduce some content intended for older years to younger years (eg some schools choose to introduce the UKS2 lesson on menstruation to girls in Year 4, then return to it again as they get older).
- 'Life to the Full' is not an RE Programme; it is a programme in Relationship Education. However, as it is a Relationship Education specifically designed for Catholic schools, there are some elements which you may find crossover with your current RE Scheme of Work. Therefore, you might prefer to schedule certain lessons from "Life to the Full" into your current RE Scheme of Work timetable.

If all of this seems a little overwhelming at this stage, we would simply suggest that you follow one of the given Programme Pathways in the first year, and use this year to evaluate how you can best integrate 'Life to the Full' in your timetable in future years.

Timings

On each lesson plan, we provide guide timings for how long each session will take. Experience has told us that timings vary between class to class and school to school, Again, this is an example of the fact that different class teachers will approach the lessons in different ways.

Therefore, we recommend that you allow time in your teaching timetable for some sessions to stretch across two lessons, or to make use of the Extended Activities. It is particularly helpful to allow more time so that you can address specific issues that might arise or engage pupils in longer discussions which may be helpful to them.

Extended Activities

Extended Activities are provided on every session page of the website. Sometimes, these Extended Activities provide suggestions for activities to undertake which can increase learning (this might be particularly useful for Year 2, Year 4 and Year 6). At other times, they point to external links which may provide further resources related to the lesson. Although Ten Ten have checked and vetted each site, we are not ultimately responsible for their content and therefore we ask you to use these sites and resources with prudence. If any content arises which you find inappropriate, please let us know.

Create Your Own Programme Pathway

If you would like to create your own Programme Pathway based on this information, we have provided you with a basic tool which you can use to plan your programme, with direct links to session pages. This document can then be distributed to your staff so they have easy access to each session page. You can add your own notes and guidance to this document.